

## Questionnaire

**Bensham and Saltwell Alive wants to celebrate the positive assets of the community - and the biggest asset is you!**

### What's it all about?

**Bensham and Saltwell Alive has two aims:**

1. To find out about the interests, talents and skills of residents in the neighbourhood
2. To give residents an opportunity to share and develop those skills

Everyone in the neighbourhood has skills and interests. These might be things you've learned through experience at home, with family or friends, or what you've learned at your place of worship or in a community group.

Collecting this information will help people have opportunities to get involved in groups and activities, giving them a chance to share and develop their skills. This could be by setting up a new group with like-minded people in the area, working together to improve the neighbourhood, setting up community groups or even starting a business or charity.

The outcome will be a neighbourhood that is stronger and healthier with more opportunities to pursue interests and activities on your doorstep.

### How can I get involved?

The first step is finding out what the various skills and interests are across the community, which you can help with by filling in this questionnaire.

People will then be contacted who have common interests in Bensham and Saltwell. Information, events and group sessions will help people get together with their neighbours to share these interests.

## Let's get started...

Please tell us about the talents and abilities you have using the tick list below. Remember these are the skills you already have, not ones that you would like to develop in the future.

### Health

Do you care or have you cared for any of the following people?

- An elderly person
- Someone with mental health issues
- Someone with physical disabilities
- Someone with physical disabilities
- Someone with learning difficulties

What kind of care do you or did you provide?

- Bathing
- Preparing meals/feeding
- Preparing special meals
- Escorting on trips out (shopping etc)
- Dressing
- Company/companionship

Please note any relevant qualifications here:

### Sport and leisure

Do you provide or have you provided coaching for any of the sporting activities below?

- Local sport or leisure club  Please give details:
- Sports coaching  Please give details:
- Swimming  Please give details:
- Other activities  Please give details:

Please note any relevant qualifications here:

## Office

- Entering information into a computer
- Filing
- Taking phone messages
- Writing formal letters
- Operating a switchboard/call centre work
- Keeping track of office supplies
- Shorthand/minute taking
- Bookkeeping

Please note any relevant qualifications here:

## Building and construction

- |                              |                          |                                    |                          |
|------------------------------|--------------------------|------------------------------------|--------------------------|
| Painting                     | <input type="checkbox"/> | Bricklaying                        | <input type="checkbox"/> |
| Building demolition          | <input type="checkbox"/> | Kitchen fitting                    | <input type="checkbox"/> |
| Wall papering                | <input type="checkbox"/> | Installing insulation              | <input type="checkbox"/> |
| Furniture repair             | <input type="checkbox"/> | Plastering                         | <input type="checkbox"/> |
| Furniture making             | <input type="checkbox"/> | Soldering and welding              | <input type="checkbox"/> |
| Repairing locks              | <input type="checkbox"/> | Floorboard sanding                 | <input type="checkbox"/> |
| Installing bathrooms         | <input type="checkbox"/> | Installing flooring/carpet fitting | <input type="checkbox"/> |
| Tiling                       | <input type="checkbox"/> | Roofing repair or installation     | <input type="checkbox"/> |
| Dry walling/plaster boarding | <input type="checkbox"/> | Carpentry/joinery                  | <input type="checkbox"/> |
| Plumbing repairs             | <input type="checkbox"/> | Boiler/heating installation        | <input type="checkbox"/> |
| Electrical repairs           | <input type="checkbox"/> | Installing windows/conservatories  | <input type="checkbox"/> |

Please note any relevant qualifications here:

## Maintenance

- |                                   |                          |                   |                          |
|-----------------------------------|--------------------------|-------------------|--------------------------|
| Washing windows                   | <input type="checkbox"/> | Fixing leaky taps | <input type="checkbox"/> |
| Floor waxing or mopping           | <input type="checkbox"/> | Cutting grass     | <input type="checkbox"/> |
| Washing and cleaning carpets/rugs | <input type="checkbox"/> | Gardening         | <input type="checkbox"/> |
| Clearing drains                   | <input type="checkbox"/> | Pruning trees     | <input type="checkbox"/> |
| General household cleaning        | <input type="checkbox"/> |                   |                          |

Please note any relevant qualifications here:

## Food

- Catering
- Baking
- Serving food to large groups (more than 10 people)
- Preparing food for large groups (more than 10 people)
- Clearing/setting tables for large groups (more than 10 people)
- Washing dishes for large groups (more than 10 people)
- Operating commercial food preparation equipment
- Bartending

Please note any relevant qualifications here:

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## Childcare

- Caring for babies (under 1 year)
- Caring for children (aged 1 to 6)
- Caring for children (aged 7 to 13)
- Taking children on trips
- Helping at a youth group
- Assisting in a classroom

Please note any relevant qualifications here:

## Transport

- Driving a car
- Driving a van
- Driving a light goods vehicle
- Driving an HGV/haulage
- Driving a bus
- Driving a mini-bus
- Driving a taxi

Please note any relevant qualifications here:

## Operating equipment and repairing machinery

- Repairing radios and TVs
- Repairing other small appliances
- Repairing cars
- Repairing trucks and buses
- Using a forklift
- Repairing white goods (washing machines etc)
- Repairing central heating systems
- Operating HGVs
- Operating a crane

Please note any relevant qualifications here:

## Supervision

- Writing reports
- Filling out forms
- Planning work for other people
- Directing the work of other people
- Making a budget
- Keeping records of all your activities
- Interviewing people

Please note any relevant qualifications here:

## Sales

- Operating a till
- Selling products whole or for manufacturer
- Selling products (retail)
- Selling services

Please note any relevant qualifications here:

## Music and drama

- Singing
- Playing an instrument
- Please state which instrument(s)

Please note any relevant qualifications here:

- Writing music
- Organising concerts/recitals/plays
- Acting

## Security

- Guarding residential property
- Guarding commercial property
- Guarding industrial property
- Crowd control
- Stewarding at events
- Installing alarms
- Repairing alarms

Please note any relevant qualifications here:

***Continued on next page***

## Other

- Upholstery
- Sewing
- Dressmaking
- Crocheting
- Knitting
- Tailoring
- Removals
- Managing property
- Hair dressing
- Beauty therapy
- Jewellery and watch repair

Please note any relevant qualifications here:

If you have other skills not listed above, please tell us about them here:

## Priority skills

When you think about the skills you have ticked, which three do you think you do best?

1.
2.
3.

Which skills are good enough for people to employ you to do them?

Which of your skills would you be happy to teach your neighbours or help them out with?

Are there any skills or interests you would like to learn? List them here

## Using your skills in the community

Tell us if you're already using your skills at any of the following community activities:

- Boy Scouts/Girl Guides
- Boys'/Girls' Brigade
- Army/navy cadets
- Sea scouts
- Fundraising for your place of worship
- Bingo/tea dances for older people
- Parent Teacher Associations
- Sports teams and clubs
- Day trips
- Summer fetes and festivals
- Political parties and campaigns
- Community groups/residents associations
- Jumble sales
- Community gardens/allotments

Other groups or community work (please state):

## Sharing your interests

Which groups or activities you would be interested in joining?

- Art, dance, music or theatre groups
- Book clubs
- Crafts clubs
- Film /media clubs
- Games clubs
- Gardening/allotment groups
- Local/family history groups
- Parent/toddler groups
- Story telling sessions
- Writing groups
- Other (please state):

Other (please state):

*Continued on next page*

Please give us your contact details so we can keep you up to date with opportunities to get together and share your interests with your neighbours.

Name:

Address:

Tel:

Email:

Gateshead Council will retain these details so that together with its partners it can contact you about further opportunities to get involved in Bensham and Saltwell Alive.

**Thank you**

**For more information about Bensham and Saltwell Alive, contact:**

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