

Price List

	Standard	Active Card	Active Access
Adventure Night	£30	£20	£10
Climbing Wall*			
18 yrs +	£3.80	£2.90	£1.10
14 – 17 yrs, Student, 60 yrs +	£3.80	£2.10	60p
Junior Climbing Club	£9	£6	£3
Mountain Bike Hire			
Per hour	N/A	£4.30	N/A
Per half day	N/A	£8.20	N/A
Per full day	N/A	£14.00	N/A
Orienteering			
18 yrs +	£2.70	£1.90	£1.10
14 – 17 yrs, Student, 60 yrs +	£2.70	£1.30	60p
Parties			
1 hour	£90	£70	N/A
2 hours	£180	£140	N/A
Ski Slope*			
18 yrs +	£10.40	£8.40	£1.70
14 – 17 yrs, Student, 60 yrs +	£10.40	£4.80	£1.20

Drop-in activity sessions, an assault course and high ropes course, courses in Climbing, Skiing and Snowboarding, parties and team building sessions are also available at Whickham Thorns Outdoor Activity Centre, ask at Reception for details.

* Group hire, with or without instruction, is also available for these activities. Ask at Reception for prices



Whickham Thorns Outdoor Activity Centre

Market Lane, Dunston, NE11 9NX

Tel: 0191 433 5767

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Email: whickhamthorns@gateshead.gov.uk

www.gateshead.gov.uk/whickhamthorns

Manager - Lynn Brooks

activities

Whickham Thorns
Outdoor Activity Centre
May - August 2012

hello

...and welcome to Whickham Thorns, one of the North's most exciting activity centres based right here in Gateshead. With first class indoor and outdoor facilities, Whickham Thorns is the perfect way to add some excitement to your day. With our programme of activities including climbing, sledging, map reading, archery and much more, there really is something for everyone.

As well as drop in sessions, we also have fun courses including Adult and Junior Climbing and Family Archery. All courses include the use of our facilities, all equipment and the guidance of qualified instructors.

So whether you're here by yourself, with family and friends or looking for a unique venue for your party or team building day, then Whickham Thorns is the place for you.

For more information on any of our activities contact reception on 0191 433 5767 or email whickhamthorns@gateshead.gov.uk

Opening times

Monday, Wednesday & Thursday	09.30 - 16.00
Tuesday	09.30 - 15.30
Friday	13.00 - 19.30
Saturday & Sunday	10.00 - 16.30

Correct at time of print, subject to change.

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Holiday Activities

If you're looking for a way to keep the kids occupied during the holidays then look no further. Our programme of holiday activities is the perfect way for you and the family to get active and have fun. All activities take place during Gateshead's school holidays and can be pre-booked; or you can turn up on the day for any available spaces.

Adrenalin Daze

Tuesdays & Wednesdays

A day of fun where kids can experience the thrill of Tubing, Archery, Orienteering, Problem Solving, Niteline, Climbing and the Assault Course.

10.00 - 15.30 (including half hour for lunch - food not provided)

8 - 14 yrs

Archery

Hour long sessions.

Mondays 10.00 & 12.30

Thursdays 12.30

Fridays 15.30

Please Note:

Participants must be at least 120cm tall



Climbing

Hour long sessions.

Mondays 11.00 & 13.30

Thursdays 10.00

Fridays 13.30

7 yrs +

High Ropes

Hour long sessions.

Thursdays 11.00 & 14.30

Fridays 14.30

8 yrs +

Skiing

Hour long sessions.

Mondays 14.30

Thursdays 13.30

Sledging

30 minute sessions starting on the half hour.

Mon - Thur 10.30, 11.30, 13.30 & 14.30

Fridays 13.30 & 15.30

5 - 11 yrs



Tubing

30 minute sessions starting on the hour.

Mon - Thur 10.00, 11.00, 13.00 & 14.00

Fridays 14.00 & 15.00

8 - 14 yrs

Activity Guide

At Whickham Thorns we have a range of exciting activities on offer. These activities will take place regardless of weather conditions so please make sure you bring appropriate clothing.

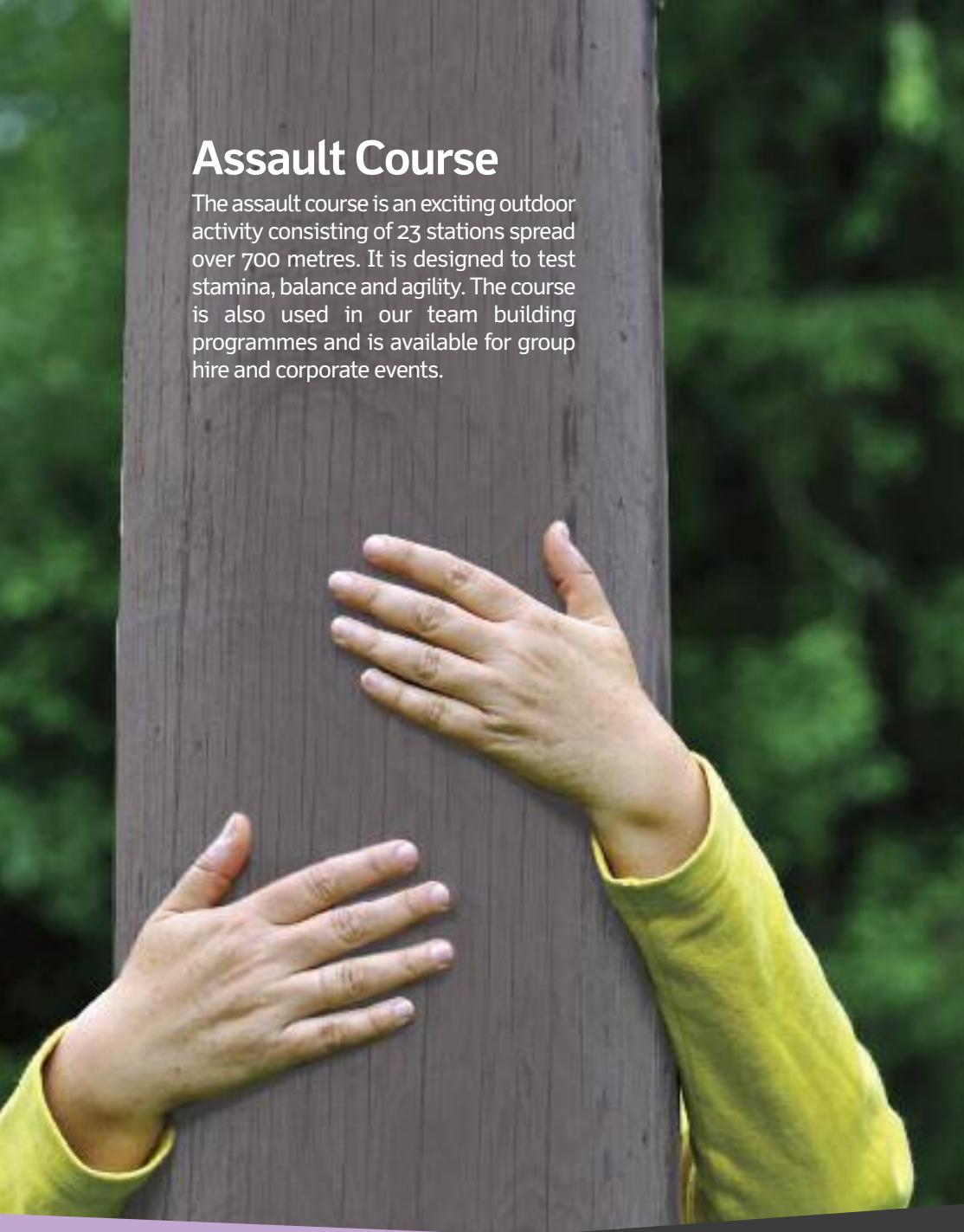


Archery

Do you have a steady hand and a sharp eye? Then give archery a try! This ancient sport is brought right up to date at Whickham Thorns, with modern equipment and enthusiastic instructors and is great fun for everyone.

Assault Course

The assault course is an exciting outdoor activity consisting of 23 stations spread over 700 metres. It is designed to test stamina, balance and agility. The course is also used in our team building programmes and is available for group hire and corporate events.



Climbing

Our indoor climbing wall is suitable for beginners and regular climbers. This includes a dedicated climbing area including a 6m high main wall for top roping while the uninterrupted 32m low level traverse has larger bolt on holds to help novices get to grips with this sport.



High Ropes

High ropes is an adrenaline pumping aerial assault course with a range of individual and group elements including wire walks, log balances and rope bridges. Suitable for team building purposes and also available for group hire and corporate events.

Orienteering

Orienteering truly is a sport for all. At its highest level it demands speed, accuracy and decision making. Alternatively, family groups can enjoy a leisurely stroll around one of our woodland courses without any fear of becoming lost. We have a number of permanently laid out exercises designed to introduce the beginner to this sport, with instruction available on map reading skills as well as the art of sport orienteering.



Skiing

Learn the basics of skiing at Whickham Thorns. Our 40m artificial slope is floodlit and has a sprinkler system to ensure perfect conditions at all times. Drag lifts service each side of the slope which is available for individual or group use.

Sledging & Tubing

Enjoy the fun of sledging at Whickham Thorns, without waiting for the snow! Special, one-person plastic sledges are used to allow children to enjoy this great activity. Tubing uses specially adapted rubber rings and unlike sledging is not restricted to under 11's. Sledging and Tubing are available as a drop in session, party option or exclusive booking.

Please Note:

For safety reasons all slope users must wear gloves, long sleeves and long trousers.





Courses & Clubs

At Whickham Thorns Outdoor Activity Centre we offer courses of instruction throughout the year, so if you've ever wanted to give an adventure sport a go, now's your chance!

Adventure Night

Experience the thrill of Tubing, Archery, Orienteering, Problem Solving, Niteline, Climbing and the Assault Course.

Juniors (8 - 14 yrs)

Fridays, starts 20 April, 25 May,

29 June, 3 Aug

16.30 - 18.00

5 week course

Junior Climbing Club*

Fridays 18.00 - 19.30

Just turn up!

*Participants must have completed a beginners climbing course.

Please Note: All courses must be pre-booked in advance unless stated.



Party On

Having a party? Then let us organise a party with a difference! We have a wide range of activities on offer, so why not take your party to the slope, up the climbing wall or on the high ropes?

Our qualified instructors will make sure all activities are carried out safely, so you can feel confident you're in good hands. Activities are one hour sessions (or multiples of an hour) which includes the issue and return of all equipment. Activities are available year round with high ropes restricted to daylight hours. With the exception of climbing, all activities take place outdoors.

Archery

1 Hour Max Number: 12
7 yrs + (must be at least 120cm tall)

Climbing

1 Hour Max Number: 12
7 yrs +

High Ropes

2 Hours Max Number: 8
8 yrs +

Mountain Biking

1 Hour Max Number: 12
(must be at least 150cm tall)

Skiing

2 Hour Max Number: 12
7 yrs + (must be at least 130cm tall)

Sledging

1 Hour Max Number: 20
5 – 11 yrs

Tubing

1 Hour Max Number: 12
8 yrs +

How to Book

We have two party packages to choose from. To book simply choose an activity and a package and contact reception on 0191 433 5767 during opening hours. All prices include equipment.

Standard Package

This package gives exclusive use of the chosen activity with all equipment and instruction.

Deluxe Package

This package includes the activity and instruction plus the exclusive use of a function room for 45 minutes afterwards. Self catering is allowed so you can provide the food of your choice.

The birthday boy or girl will also receive a goody bag. This will include a range of branded goods from the centre.



Whickham Thorns team building

At Whickham Thorns our team building events get people working together and having fun. Whether you're organising an event, conference or an away day, our staff will work with you to create the perfect team building experience.

Create your perfect course - mix and match any of our activities.

Contact us on 0191 433 5767
or ask at Reception for further details.