

1. Tanfield Railway Path 9.2km (5.7m)

Rating: MEDIUM

1. Tanfield Village - Causey Arch
3km (1.9m)

Rating: HARD

2. Causey Arch - Tanfield Railway
1.8km (1.1m)

Rating: EASY ♥ Healthy walk

3. Tanfield Railway - Sunnyside
1.3km (0.8m)

Rating: EASY ♥ Healthy walk

4. Sunnyside - Marquis Pub
1.3km (0.8m)

Rating: MEDIUM

5. Marquis Pub - Lobley Hill
1.8km (1.1m)

Tanfield Railway Path forms a vital link through the western part of the Great North Forest. A mainly level route with gentle gradients and plenty of access to buses. This route has something for everyone from a steam-operated railway at Tanfield, industrial heritage at Causey Arch, wildlife along the route and sculpture at Watergate Forest Park. Tanfield railway operates on Sundays and additional days throughout school holidays.

A Tanfield Village

Buses stop at the Pack Horse Pub in the village 15 mins walk from East Tanfield Station.
715 Stanley - Tanfield Village - Burnopfield - Rowlands Gill Every 60 mins Mon-Sat daytime.

B Causey Arch

X30/X31 Lanchester - Stanley - Gateshead - Newcastle Every 30 mins Mon-Sat daytime.

C Tanfield Railway

X30/X31 Lanchester - Stanley - Gateshead - Newcastle Every 30 mins Mon-Sat daytime.

E Streetgate

X30/X31 Lanchester - Stanley - Gateshead - Newcastle Every 30 mins Mon-Sat daytime.
770/771 Consett - Burnopfield - Sunnyside - Streetgate - Gateshead (Interchange) - Newcastle (Eldon Sq) Every 60 mins all day (daily).
Service 770 daytime - limited stop between Newcastle and Sunnyside. Service 771 evening observes all stops.

F Marquis of Granby

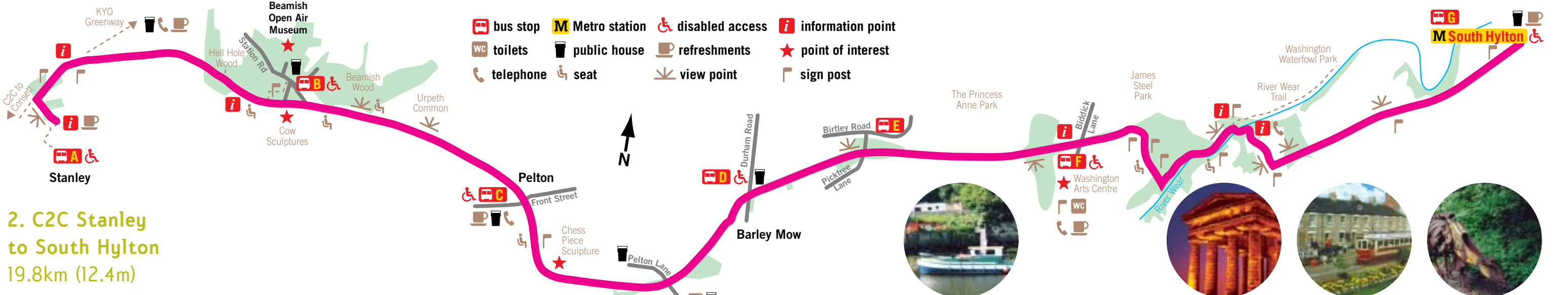
770/771 serves Marquis of Granby at same frequency as Streetgate entry.

G Lobley Hill Bank

97 Easy Access Metrocentre - Whickham - Lobley Hill Bank - Gateshead (Interchange) - Newcastle* (Market St) Every 15 mins Mon-Sat daytime and every 30 mins evenings and Sundays.
Please note Newcastle is served evenings and Sundays only.

1. Tanfield Railway Path 9.2km (5.7m)

for detailed travel information call traveline: 0870 608 2 608



2. C2C Stanley to South Hylton 19.8km (12.4m)

Rating: EASY ♥ Healthy walk

1. Stanley - Beamish
3.5km (2.2m)

Rating: EASY ♥ Healthy walk

2. Beamish - Pelton
3km (1.9m)

Rating: HARD

3. Pelton - Barley Mow
3.8km (2.4m)

Rating: HARD

4. Barley Mow - Fatfield
4km (2.5m)

Rating: HARD

5. Fatfield - South Hylton
5.5km (3.4m)

This is an attractive, well-surfaced and interesting walk suitable for all. From Stanley stroll past Beamish Open Air Museum and Woods rich in the region's industrial heritage. Follow the route to picturesque Cox Green and up to Penshaw Monument for fantastic views. Why not break the route into the smaller sections and give yourself enough time to visit some of the great pubs along the way!

A Stanley Bus Station

Frequent buses to Newcastle, Gateshead, Chester le Street, Sunderland, Durham and Consett.

B Beamish, the North of England Open Air Museum & Beamish Wood

709 Newcastle (Eldon Sq) - Gateshead (Interchange) - Birtley - Beamish - Stanley Every 60 mins all day (daily). Increased Sunday daytime frequency of every 30 mins.

720 Easy Access Durham (Bus Station) - Sacriston - Beamish - Stanley Every 60 mins daytime (daily).
775, 778 Easy Access Sunderland (Park Lane) - Chester le Street - Beamish - Stanley - Consett Every 30 mins daytimes (daily) and every 60 mins evenings (daily) and also between Stanley/Consett on Sunday daytime.

C Pelton Front Street

709, 728 same as Beamish entry except buses run every 30 mins daytimes.
729 Easy Access Stanley - Pelton - Chester le Street Every 30 mins Mon-Sat daytime and every 60 mins evenings and Sundays.
775, 778 Easy Access Serves Pelton at same frequency as Beamish entry.
809 Chester le Street - Pelton - Birtley - Kibblesworth - Metrocentre Hourly Mon-Sat daytime.

D Durham Rd/Barley Mow

Frequent services between Newcastle, Gateshead and Chester le Street: 21, 21A, 21B, 721, 723, 724, X1 Easy Access and 1X. Additional services: Houghton le Spring 21A, Witton Gilbert 21B, South Shields 551, Darlington 723, Bishop Auckland 724, Middlesbrough X1 and Durham 723, 724, X1, 1X.

E Rickleton

551 Chester le Street - Barley Mow - Washington - South Shields Every 60 mins all day (daily).

F Fatfield

179 Chester le Street - Fatfield - Washington Every 60 mins Mon-Sat daytime.

180 Houghton le Spring - Chester le Street - Fatfield - Washington Every 60 mins all day (daily). Evening and Sunday journeys operate as Chester-le-Street - Washington only.
294 Easy Access Heworth (Metro) - Washington - Fatfield - Shiny Row - Success Every 20 mins Mon-Sat daytime. Every 30 mins Sunday daytime. Every 60 mins (evenings - daily). Evening and Sunday journeys operate Heworth - Fatfield only.

493 Easy Access Washington - Fatfield - Shiny Row - Newbottle - Houghton le Spring Hourly Mon-Sat daytime.

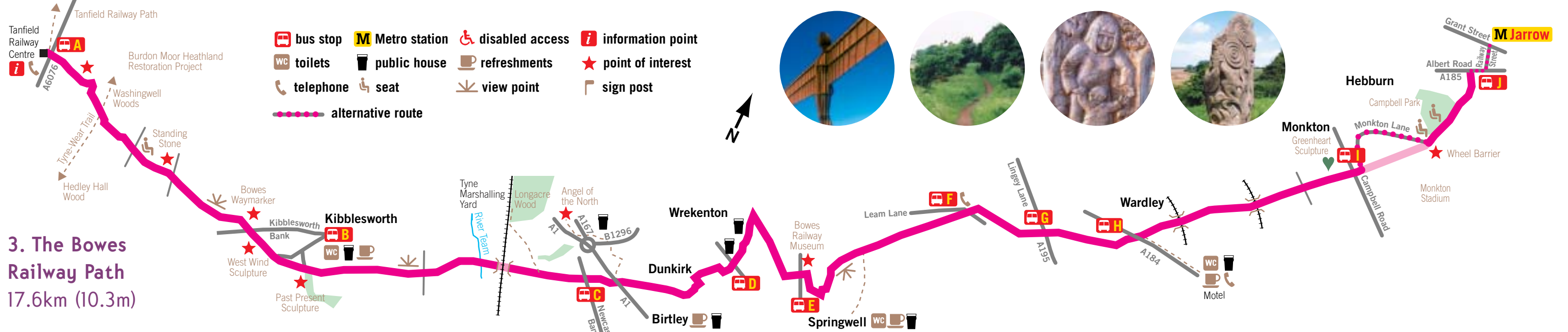
M G South Hylton

Metro: 5/hr daytimes, 4/hr evenings and Sundays.
8 South Hylton - Sunderland Every 30 mins all day (daily).

2. C2C Stanley to South Hylton 19.8km (12.4m)

♥ suitable for wheelchair users

for detailed travel information call traveline: 0870 608 2 608



3. The Boves Railway Path 17.6km (10.3m)

Rating: MEDIUM

1. Tanfield - Kibblesworth
3.2km (2m)

Rating: MEDIUM

2. Kibblesworth - Newcastle Bank
3km (1.9m)

Rating: HARD

3. Newcastle Bank - Springwell
3.3km (2.1m)

Rating: MEDIUM

4. Springwell - Lingey Lane
2.5km (1.6m)

Rating: EASY ♥ Healthy walk

5. Lingey Lane - Monkton
3.3km (2.1m)

Rating: MEDIUM

6. Monkton - Jarrow
2.3km (1.4m)

From Tanfield Railway Path in the west to Jarrow in the east, the historic Boves Railway straddles the Great North Forest. The Boves Railway Path is a popular and important recreational route and crosses some lovely countryside, with panoramic views across the River Team Valley and County Durham. On foot it is easy going, with fairly level surfaces and comfortable gradients.

A Tanfield Railway

X30/X31 Lanchester - Stanley - Gateshead - Newcastle Every 30 mins Mon-Sat daytime.

B Kibblesworth

1 Kibblesworth - Gateshead (Interchange) - Newcastle (Pilgrim St) Every 30 mins all day (daily).
809 Chester le Street - Birtley - Kibblesworth - MetroCentre Every 60 mins Mon-Sat daytime.

Additional service: 29 five daily to Gateshead.
Frequent services between Newcastle, Birtley and Chester le Street: 21, 21A, 21B, 721, 723, 724 Easy Access. Additional services: Durham 723, 724, Houghton le Spring 21A, Witton Gilbert 21B, Darlington 723, Bishop Auckland 724. 777 hourly daily from Newcastle/Gateshead to Birtley/Sunderland. 184 limited connections to Birtley/Washington.

D Blackhams Hill

725 Easy Access 1 per/hr daily from Newcastle/Gateshead to Chester le Street/Esh Winning. Additional services 726 1per/hr to Newcastle/Gateshead/Chester le Street. 184 limited connections to Birtley/Washington.

E Springwell

56A Easy Access Newcastle (Market St) - Gateshead (Interchange) - Springwell - Washington Every 30 mins Mon-Sat daytime.

187, 188 Gateshead (Interchange) - Springwell - Sunderland Every 30 mins daytime (daily), every 60 mins evenings (daily).
638 Crawcrook - Whickham - Springwell - Washington - Sunderland (Park Lane) Every 60 mins Mon-Sat daytime.
Additional services from Newcastle and Gateshead serve Perseverance Arms at Springwell hourly Mon-Sat as follows: X2, X4 to Sunderland, X90 to Ryhope/Seaham, X94 to Houghton le Spring/Easington Lane (also Sun daytimes).

F Leam Lane

27, 27A, 51, 52 every 15 mins daily to Gateshead/Heworth daytimes, every 30 mins eves.

G Lingey Lane

194 Easy Access Heworth (Metro) - Lingey Lane - Washington Galleries - Easington Lane Every 20 mins Mon-Sat daytime, every 30 mins evenings and Suns.
294 Easy Access Heworth (Metro) - Lingey Lane - Washington - Shiny Row - Success Every 20 mins Mon-Sat daytime. Every 30 mins Sun daytime and every 60 mins evenings (daily).

Additional services: 291/292, 293, 393 (days), 638 (eves) to Heworth/Washington.

H Wardley Regular buses to Heworth/Gateshead or short walk to Pelaw Metro station.

I Monkton

532 Heworth (Metro) - Lukes Lane - Campbell Park Road - Hebburn - Jarrow (Metro) - Fellgate Every 30 mins all day (daily). Please note evening and Sunday journeys between Jarrow and Lukes Lane only.

M J Albert Road

Walk to Jarrow Metro Station. 5 trains per/hr to South Shields/Newcastle daytimes, 4 per/hr eves and Suns.
Frequent services operate on Albert Road linking with Jarrow (Metro) and surrounding areas: 542, 543, 544 Boldon (542)/Fellgate (543) - Jarrow - Heworth. 528 South Shields - Jarrow - Monkton Lane Estate.

3. The Boves Railway Path 17.6km (10.3m)

for detailed travel information call traveline: 0870 608 2 608



great north forest

discover what's on your doorstep

The Great North Forest has plenty to offer - with new trees, sculptures, heritage and wildlife to discover.

All the walks here are designed so that they can be broken up into sections so you decide how far you walk. Each section begins and ends at a public transport stop so you don't have to worry about getting there and back.

Now you can explore the Great North Forest at your own pace and with confidence!

Sociable - drop the stress of driving and chat with friends and family on your journey.

Environmentally friendly - a bus full of people is far better than a road full of cars.

Hassle free - plan your day, pack your bag, get on the bus and go.

Inexpensive - there's plenty of ticket options to suit all the family.

Using public transport can be a fun way of exploring the Great North Forest. Taking the bus or Metro can give you many extra benefits to help you enjoy your walk in the countryside.

Most people today use the bus and Metro for work and shopping. Why not use it for leisure and fun too?

For the best views in life...take the bus

out and about in the great north forest

growing on your doorstep...

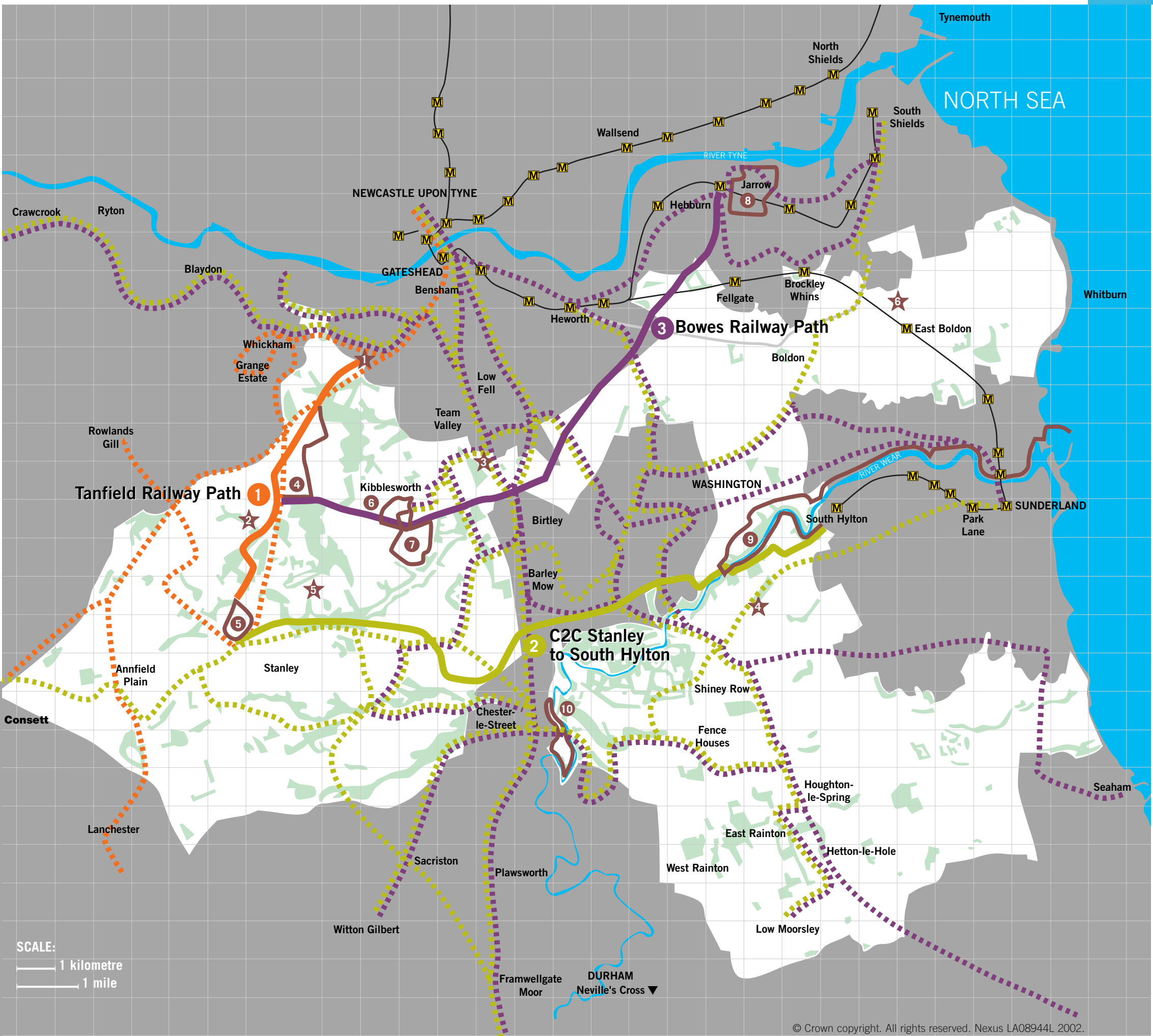
For more details on the following linear walks please see information overleaf.

- 1 Tanfield Railway path
- 2 C2C Stanley to South Hylton
- 3 The Bowes Railway Path

Other walks you can try -

- 4 Burdon Moor
- 5 Tanfield Lea
- 6 Kibblesworth A
- 7 Kibblesworth B
- 8 Jarrow
- 9 River Wear Trail
- 10 Chester-le-Street Riverside

see our website for more information:
www.greatnorthforest.co.uk



Look out for the above leaflet!

- ★ Watergate Forest Park & Washingwell Wood
- ★ Tanfield Railway & Causey Arch
- ★ Angel of the North
- ★ Penshaw Monument & Herrington Country Park
- ★ Beamish Wood & Museum
- ★ Tiledsheds Nature Reserve

key to gradients

- EASY**
Shallow and short gradients.
- MEDIUM**
Limited number of steep gradients of a longer length, with possibility of a few steps.
- HARD**
Some or many long and steep gradients, possibility of many steps.
- ♥ **Healthy walks**
Those walks that are rated easy, have a good surface and are relatively short.

key to map

- Great North Forest area
- new and existing woodland
- Tanfield Railway Path
- C2C Stanley to South Hylton
- Bowes Railway Path
- Other walks - details on website
- walk 1 bus routes
- walk 2 bus routes
- walk 3 bus routes
- Metro line

Use our step by step guide and get the most from your visit - try it out!

A	B	C	D	E
pick a walk	get the info	get organised	go!	feedback
<p>pick from walks 1-3 and select a section that best suits you or try the whole walk</p> <p>choose from walks 4-10 and get more details from our website</p>	<p>for detailed route info see relevant OS map</p> <p>find connecting bus and Metro times from traveline</p> <p>for events see our website or press for latest weather see our website</p>	<p>invite your friends take the kids</p> <p>don't forget to wear suitable clothes and shoes for walking</p> <p>don't forget to take change for your tickets</p>	<p>enjoy your walk try a short health walk for an hour</p> <p>try a longer walk for the whole day</p> <p>have fun while keeping fit</p>	<p>enjoyed your walk? discovered a new walk?</p> <p>think something should be improved? ...use our website or write to us (see address on back of leaflet)</p>

www.greatnorthforest.co.uk

ticket options:

- Network Travel Tickets are valid for all journeys within Tyne & Wear. For journeys to destinations outside of Tyne & Wear you just pay the fare from the boundary.
- Standard single and return fares are available.
 - **Day Rover** or **Junior Rover** (for under 14s) for travel on all operators in Tyne and Wear.
 - **Explorer** for unlimited travel throughout the region - adult, child, senior citizen and family tickets available.
 - All of the above tickets are accepted by Arriva, Go NorthEast, Metro and Stagecoach.
 - Individual companies offer day tickets valid only on their own services - ask for details.

For details of ticket options and public transport timetable information call **traveline: 0870 608 2 608**

Why try walking?

Walking is Good for your Health

It keeps your body fit and is a great way to shed the stresses of everyday life. Whether it's a brisk walk to the corner shop or a more adventurous hike in the countryside, you'll feel better for it.

If you would like to find out about Walking for Health in your area, phone this number and ask for Healthy Walks, or visit the website:

0191 269 1600 www.whi.org.uk

If you would like to do one of the walks in this leaflet but are worried it maybe too challenging, why not try one of the shorter sections marked with the ♥ **Healthy walk** symbol. These are generally level or have short/shallow gradients and are easily accessible, but still enable you to enjoy the countryside on your doorstep at your own pace.



for leaflets and more info...
www.greatnorthforest.co.uk
Great North Forest
Whickham Thorns, Market Lane
Dunston NE11 9NX
tel: 0191 460 6200

access for all...
Buses on many routes and the Metro are Easy Access, making them suitable for people with restricted mobility and for young families. Most of the destinations and parts of some routes are accessible by people with restricted mobility, but you are advised to phone for more details in advance of travelling. For large print, Braille or audio versions of this leaflet call 0191 203 3207.

please be respectful...
Please take all of your rubbish home with you, keep your dog on a lead, keep to the footpath and close all gates behind you.

Whilst every effort has been made to ensure accuracy no liability can be accepted for any errors or omissions herein. All information is correct at time of going to print, June 2005.
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traveline
public transport info
0870 608 2 608
north east
minicom 0870 241 2216
www.traveline.org.uk

UPDATED JUNE 2005

take the bus or Metro to the

great north forest

linear walks

explore

be healthy

discover

www.greatnorthforest.co.uk