

All Council systems have limitations of websites that can be accessed. The internet and computers are there for you to use to enrich your learning experience and extend your knowledge and confidence, it is important that you remember when using the internet that it is a worldwide resource.

Top tips to Stay Safe



- Protect online accounts and your mobile phone with a password – don't share them with anyone.
- Keep evidence of cyberbullying by saving messages and social networking conversations.
- Only post photographs after asking permission from those in them. Remember - if you wouldn't be happy for friends and family to see a photo, it doesn't belong online.
- Never retaliate or reply if you have been sent a nasty message either by email, via a social networking site, or by mobile phone.
- Check your favourite websites for a place where you can "report abuse".
- Don't get involved in cyberbullying it is a criminal offence. If you see it, get help and stop it.
- Always respect others – be careful what you say and what you send. Message and images can be made public and could stay online forever.

All learners are expected to report instances of abuse.

To report abuse contact Adult Learning and Skills Designated Safeguarding Person on 0191 433 8796 or email safeguardingadultlearning@gateshead.gov.uk