

# Barnardos Sungate Parenting Service

## Intensive Family Support Service

Barbara Lally – IFSS Project Worker

# What we do



BELIEVE IN CHILDREN

- Whole family intervention
- The most complex families
- Smaller caseloads – higher intensity/contact with families
- Intervention period – up to 1 year
- ‘wrap around’ service – 7am -10pm, incl weekends and holidays.
- Coordinating Team Around the Family
- Happy to work as the Lead Professional

# How we do it

- Persistence
- Solution focussed work
- Building relationships with families
- Support and challenge
- Start where the family is at
- Seek 'buy in'.
- Working with hope that things can change

# Background of workers



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- Social work led intervention
- Range of experiences, training, skills, backgrounds
- Parenting underpins everything
- Trained in; Option 2, numerous parenting programmes, Solution focussed practice, counselling.
- All workers previously worked in the FIP

# Experience of work with :



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- Domestic violence
- Mental health issues
- Anti social/offending behaviour
- Family conflict
- Disability - physical and learning.
- Poverty, debt
- Drugs and alcohol
- Other hard to reach families

# Additionality - how can the service benefit you/your service users?



- All parenting experts – experience of many parenting programmes inc ADHD, Drugs and Alcohol, family nurturing.
- Extended provision, intensive work, regular visits, monitoring, mentoring (parents and yp), parenting interventions (group and 1;1)
- New out of hours support

# Additionality – cont.



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- Behaviour management,
- Conflict resolution,
- Routines
- Modelling appropriate behaviour.
- Life skills – cleaning, budgeting, cooking
- Accessing services
- Family functioning

# How to refer...



- Complete RP1 and RP2 forms
- Send to Children's Commissioning team
- If unsure, discuss potential referrals with IFSS team leader, Norma Keery or Children's Commissioning Team



# What happens next?



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- Referral sent to IFSS by Commissioning team
- Referrals allocated asap
- IFSS worker will meet with referrer
- IFSS worker meets family, agree intervention plan.
- Monitor with TAF – agree Lead Prac

# Contact details



BELIEVE IN CHILDREN

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