

## Personalisation and self directed support in Gateshead

The way we provide adult social care is changing and this means the way we work with you will change too. It's all about putting you first and giving you more choice and control through "self directed support".

Changes you may see over the next few months include:

- When you make a referral for an assessment you will be sent a personal assessment to complete.
- If you are eligible for support we will tell you your indicative amount of money. This is a guide to the amount of money that is needed to meet your eligible social care needs.
- You can choose to use some or your entire personal budget as a direct payment, which you can choose to manage yourself.

**We all know change can be worrying so if you have any questions about this you can discuss this with Adult Social Care Direct on 0191 433 7033 or ask for more information from your social care assessment worker or social worker.**